



SAHAYATA
T R U S T



MONTHLY

NEWSLETTER

Education
Healthcare
Social Welfare

December 2025





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Sahayata Trust Newsletter

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About Us

The Sahayata Trust, guided by visionary leadership and supported by a dedicated team of volunteers across India, strives to create meaningful change in people's lives. We work to empower marginalised individuals by helping them access quality education, enabling them to become healthy and active contributors to society, and ensuring they can participate in decisions that affect their lives, alongside living and working with dignity.

To support this mission, Sahayata Trust has established educational institutions and healthcare facilities for under-served populations. In addition, we run a variety of programmes that address immediate needs, such as meal distribution, ration support, winter relief, and assistance for orphans, widows, and those facing urgent emergencies.

Objectives

- To provide relief aid to victims of natural disasters
- To improve education and health levels among Indian citizens living below the poverty line
- To provide opportunities for economic development through training, finance, and guidance
- To raise awareness and educate people on social issues
- To provide counselling for education, health, employment, and family issues
- To cooperate with like-minded individuals and organisations for the realisation of its mission and vision

Challenger ICF School

Amboth Tanda, Hyderabad

Date: 1 December 2025

Title: AIDS Day

A special morning assembly was conducted at Challenger ICF School to observe AIDS Day, during which science teachers and high school students delivered speeches to

raise awareness about the disease. The session aimed to promote understanding, prevention, and responsible health practices among students.

Date: 4 December 2025

Title: Telugu Language Day

Telugu Language Day was celebrated on 4 December 2025, during which students prepared charts and models and delivered speeches highlighting the importance of the Telugu language. The programme

included introductions to notable Telugu poets and discussions on the use of Telugu in daily life, fostering appreciation for its cultural and linguistic significance.



Challenger ICF School

Amboth Tanda, Hyderabad

Date: 11 December 2025

Title: Hindi Language Day

Hindi Language Day was celebrated on 8 December 2025, during which students prepared charts and models and delivered speeches highlighting the importance of the Hindi language. The programme included discussions on Hindi literature, notable writers, and its use in daily life, fostering appreciation for its cultural and linguistic significance.



Date: 11 December 2025

Title: English Language Day

English Language Day was celebrated on 11 December 2025, marking the birth anniversary of William Shakespeare. Students prepared charts and models and delivered speeches highlighting the importance and global relevance of the English language. The programme emphasised the role of English in enabling communication across cultures and fostering international understanding.



Challenger ICF School

Amboth Tanda, Hyderabad

Date: 22 December 2025

Title: Mathematics Day

National Mathematics Day was celebrated on 22 December 2025 to honour the contributions of Srinivasa Ramanujan. The programme included quizzes, puzzles, and competitions, with active student participation and

guidance from mathematics teachers on the relevance of the subject in daily life. The celebration made mathematics engaging and enjoyable, fostering interest and encouraging students to develop a deeper appreciation for the subject.



Kingsdale High School

Sultanpura, Hyderabad

Date: 20 December 2025

Title: Excursion Trip

An excursion trip was organised for students to Challenger International School, Moinabad, where they participated in a food carnival and a range of fun activities. The visit

provided an enjoyable outdoor experience, encouraging active participation, social interaction, and overall engagement in a lively and festive environment.



Manchi Challenger School

Hyderabad

Date: 26 December 2025

A Mathematics Day Quiz Competition was conducted for students of Classes III to V between the House of Shaurya and Prithvi House. The event witnessed enthusiastic participation, with students demonstrating strong



Title: Quiz Competition

logical thinking, teamwork, and engagement, while peers actively supported and cheered for their teams. House of Shaurya (Red) emerged as the winners, making the programme lively and successful.



Date: 26 December 2025

A Mathematics Day Quiz Competition was conducted for students of Classes VI to X between the House of Dhairya and Aakash House. The event saw enthusiastic participation, with students



Title: Quiz Competition

demonstrating strong logical thinking, teamwork, and engagement throughout. Aakash House emerged as the winners, making the programme both lively and successful.



Manchi Challenger School

Hyderabad

Date: 23 December 2025

Title: Assembly Presented by Class 3

A special assembly was conducted on the theme of Farmer's Day and Christmas Eve, featuring a range of student-led presentations. The programme included a dance performance by Pre-Primary students,

an article on the significance of the festival, and songs and carols presented by young learners, creating a festive and engaging atmosphere.



Date: 23 December 2025

Title: APEX Talent Search Exam-State Level

The results of the Apex State Talent Search Examination – Stage 1, held on 10 December 2025 at Manchi School, were announced, with several students successfully qualifying for Stage 2, the nationwide examination scheduled for 24 January 2026. Students from Classes VI to IX, including Amtul Wakeel, Zuha Kaunain, Amtul Shaima, Shifa Noori, Abubakar Ahmed Siddique, Mohd. Raoofuddin, G. Akshaya, K. Charan, Nehal Ahmed, Mehwish Fatima, and Maheen Naz, progressed to the next stage, reflecting their dedication and academic excellence. The achievement highlights strong student performance and commitment to learning.



 Apex Institute Of Maths & Sciences National Level Talent Search Exam IIT-JEE/NEET & OLYMPIADS				
SELECTED LIST FOR STAGE 02 EXAM				
S.NO	ID NUMBER	NAME OF THE STUDENT	CLASS/SECTION	SCHOOL NAME
1	2531506034	AMTUL WAKEEL	VI-A	MANCHI CHALLENGER SCHOOL
2	2531506034	ZUHA KAUNAIN	VI-A	MANCHI CHALLENGER SCHOOL
3	2531506035	AMTUL RAJMAN SHAIMA	VI-A	MANCHI CHALLENGER SCHOOL
4	2531506030	SHIFA NOORI	VI-A	MANCHI CHALLENGER SCHOOL
5	2531507006	ABUBAKAR AHMED SIDDIQUE	VI-A	MANCHI CHALLENGER SCHOOL
6	2531507001	MOHAMMED RAOOF UDDIN	VI-A	MANCHI CHALLENGER SCHOOL
7	2531506005	GILFA AKSHAYA	VI-A	MANCHI CHALLENGER SCHOOL
8	2531508023	NEHAL AHMED SIDDIQUE	VI-A	MANCHI CHALLENGER SCHOOL
9	2531508013	K.CHARAN	VI-A	MANCHI CHALLENGER SCHOOL
10	2531509001	MEHWISH FATIMA	IX-A	MANCHI CHALLENGER SCHOOL
11	2531509009	MAHEEN NAZ	IX-A	MANCHI CHALLENGER SCHOOL

Manchi Challenger School

Hyderabad

Date: 22 December 2025

High School students presented a well-planned High Court skit as part of experiential learning, under the guidance of Mr Venu Madhav, Social Studies Teacher. The performance demonstrated strong logical reasoning, analytical thinking, and



Title: Skit Presentation:
Judiciary System

effective argumentation, incorporating legal terminology with clarity and confidence. The skit reflected creativity, critical understanding, and strong stage presence, and was widely appreciated for its engaging and impactful execution.



Date: 22 December 2025

Games and sports activities include a wide range of physical engagements, from competitive team sports such as football and basketball to individual activities like swimming and running, as well as simple recreational games like obstacle



Title: Games and Sports Activities

courses, hopscotch, and jumping rope. These activities promote physical fitness, coordination, teamwork, and overall mental well-being, catering to participants of all ages through both structured sports and informal play.



Manchi Challenger School

Hyderabad

Date: 22 December 2025

Title: MCS–National Mathematics Day

On the occasion of National Mathematics Day, a special programme was organised at MCS to highlight the significance and application of Mathematics. Students presented insightful articles on its importance in daily life, along with an impressive display of mathematical models such as Trigonometry Park, Pythagoras Theorem, BODMAS, and

concepts related to fractions and angles, reflecting strong conceptual understanding and creativity. The programme also included presentations on the lives and contributions of renowned mathematicians Srinivasa Ramanujan and Aryabhata, delivered with clarity and enthusiasm, making the event both informative and engaging.



Manchi Challenger School

Hyderabad

Date: 21 December 2025

Title: Achievements in the field of Sports, Games, and Certification Literary Activities

Students at MCS have achieved notable success across sports, games, science, quiz competitions, and literary activities, demonstrating well-rounded development. House-wise competitions play a vital role in

motivating students to excel individually and collectively, while fostering team spirit, collaboration, and a sense of healthy competition, reflecting the school's commitment to holistic learning and character building.



Manchi Challenger School

Hyderabad

Date: 17 December 2025

Title: RO Plant Water Purification System–A Demo by Science Teacher

A demonstration of the water purification system was conducted by the Science Teacher for students of Classes IX and X, along with an explanation of the school's

wastewater management practices. The session enhanced students' understanding of sustainable water use and environmental responsibility.



Manchi Challenger School

Hyderabad

Date: 15 December 2025

Title: District Science Mathematics Fair 2025–Achievement of the School

Manchi Challenger School achieved a significant milestone at the District Science & Mathematics Fair – 2025, securing three prizes and showcasing excellence in both disciplines. The school presented 18 innovative projects, reflecting strong creativity, scientific thinking, and conceptual understanding, with three projects advancing to the State Level Science Fair. Ayesha Fatima (Class VIII) won First Prize

in Science for the Solar Irrigation System, Shaik Hadiya (Class VII) secured First Prize in Mathematics for BODMAS, and Deepthi Sree (Class VI) received Second Prize in Science for Health & Hygiene. This achievement was made possible through the dedicated guidance of teachers Ms Vijayasree, Ms Shivani, Ms Saraswathi, and Ms Geetha, whose support played a key role in the students' success.



Manchi Challenger School

Hyderabad

Date: 14 December 2025

Title: Achievement of the School 2025-2026

Manchi School was honoured at ET-TECH X 2025 with prestigious awards recognising its overall excellence in education. The school received accolades in the categories of Best Academic Excellence School, Excellence in Inspirational Leadership, and Best Infrastructure

School. The achievement was celebrated with great pride by students and staff, reflecting the institution's commitment to quality education, strong leadership, and a supportive learning environment.



Manchi Challenger School

Hyderabad

Date: 11 December 2025

Title: An Educational Trip to Birla Science Museum and Planetarium

The educational visit to the planetarium and science museum provided students with an engaging and enriching learning experience. At the planetarium, the immersive sky show introduced them to planets, stars, constellations, and space exploration, sparking curiosity and wonder. The science museum visit complemented this

with interactive exhibits on physics, human anatomy, energy, robotics, and environmental science, allowing students to learn through hands-on exploration. Overall, the trip offered a balanced blend of education and excitement, encouraging curiosity, creativity, and a deeper understanding of scientific concepts.



Manchi Challenger School

Hyderabad

Date: 5 December 2025

Title: Pre-Primary Activities

The educational visit to the planetarium and science museum provided students with an engaging and enriching learning experience. At the planetarium, the immersive sky show introduced them to planets, stars, constellations, and space exploration, sparking curiosity and wonder. The science museum visit complemented this

with interactive exhibits on physics, human anatomy, energy, robotics, and environmental science, allowing students to learn through hands-on exploration. Overall, the trip offered a balanced blend of education and excitement, encouraging curiosity, creativity, and a deeper understanding of scientific concepts.



Manchi Challenger School

Hyderabad

Date: 2 December 2025

Title: An Educational Trip to Salarjung Museum

An educational trip to the Salar Jung Museum was organised by MCS for students of Classes VII to X, with additional exposure arranged for Classes IV to VI to explore historical artefacts, art collections, and cultural exhibits. The visit enhanced students' understanding of dynasties, ancient military systems,

and rare antiques through real-life learning experiences, supported by detailed explanations from teachers. Following the trip, students submitted write-ups on their visit, with the best entries recognised and awarded, encouraging reflection and academic engagement.



Manchi Challenger School

Hyderabad

Date: December 2025

Title: FL and YOC Classroom Observations

Regular weekend observations of FL and YOC classes were conducted to monitor teaching practices, with constructive feedback provided to teachers to enhance their instructional

methods. This continuous support helped improve the overall quality of teaching and contributed to gradual improvements in student learning outcomes and performance.



Date: 11 December 2025

Title: Trip to Crazy Kids Kindergarten

Students from Nursery to Grade 2 visited Crazy Kids for a recreational outing, where they engaged in activities such as slides, trampolines, and interactive play. The visit

provided a joyful environment for exploration and peer bonding, contributing to enhanced social interaction and a positive, play-based learning experience.



Manchi Challenger School

Hyderabad

Date: 13 December 2025.

The Read a Minute Challenge was conducted across Hindi, Urdu, Telugu, and English to assess and monitor students' reading abilities. The activity helped identify language



Title: Read a Minute Challenge

gaps and enabled targeted interventions, leading to improved reading fluency & comprehension among students.



Date: 11 December 2025

Title: School Excellence Awards Achievement

The school was recognised at the ET TECH X School Excellence Awards 2025-2026 for its innovative practices, community collaboration, and effective STEM implementation. This achievement reflected the collective efforts of the entire school

community and contributed to enhanced institutional reputation and morale.



Manchi Challenger School

Hyderabad

Date: 13 December 2025.

Title: Grandparents Day Celebration

Grandparents Day was celebrated for kindergarten students, with grandparents actively participating in activities alongside their grandchildren. The event fostered a

joyful atmosphere, strengthened emotional bonds, and enhanced family-school connections, concluding with tokens of appreciation for the guests.



Date: 18 December 2025.

Title: LEAD National Championship Participation

Students participated in the LEAD National Championship and successfully advanced to the second round, demonstrating confidence and dedication. Their achievement

brought pride to the school and strengthened their confidence and competitive spirit for future competitions.



Manchi Challenger School

Hyderabad

Date: 17-19 December 2025.

Title: Just A Minute (JAM) Challenge

A JAM (Just A Minute) competition was conducted for students of Grades 3 to 9 across various categories, with enthusiastic participation and strong displays of speaking skills. The activity helped enhance confidence, spontaneity, and overall communication abilities among students.



Date: 17–19 December 2025

Title: Student-Led Conference (SLC)

A Student-Led Conference was conducted for primary students, where they confidently presented models and explained concepts with guidance from teachers. The activity provided an enriching platform to showcase learning and helped strengthen students' presentation and communication skills.



Manchi Challenger School

Hyderabad

Date: December 2025.

Title: Initiation of Remedial Classes

Based on RE-DOMINATE assessment outcomes, remedial classes were initiated to address identified learning gaps, with additional time allocated during school hours to

strengthen foundational skills. This focused intervention supported improved academic progress and helped students build stronger conceptual understanding.



Date: 23 December 2025

Title: Quiz Competition

A quiz competition was organised for higher grade students, featuring four teams in a lively and competitive academic setting. The event

encouraged students to demonstrate their knowledge and teamwork, contributing to enhanced confidence and collaborative learning.



Manchi Challenger School

Hyderabad

Date: 27 December 2025.

Title: School Excursion to Escape Water Park

Students from primary to higher grades visited Escape Water Park, where they enjoyed water rides, rain dance, and various recreational activities. The excursion provided a refreshing break from routine, strengthened peer bonding, and created a joyful and memorable learning experience.



Date: 22 December 2025

Title: National Mathematics Day Celebration

National Mathematics Day was celebrated during the assembly through interactive activities and questions, with active participation from students. The programme enhanced students' interest, confidence, and understanding of mathematics, while reinforcing its relevance in everyday life.



Indo-US Public School

Kishanbagh

Date: 27 December 2025.

Title: Teacher for the Month

The Teacher of the Month for December recognised Ms Mariya Mahek, Meher Unnisa, and Shameem Fatima for their exemplary performance. They were awarded certificates of appreciation in recognition of their regularity, punctuality, innovation in teaching, and excellent classroom observations. Their consistent dedication continues to inspire both students and colleagues.



Date: December 2025

Title: SLM-2 Activity

The SLM-2 activity focused on promoting healthy lifestyle habits, with students creating colourful posters, delivering awareness speeches, and engaging in community outreach. As part of the initiative, they visited over 50 homes to spread awareness on avoiding junk food

and adopting healthier eating practices. The activity encouraged healthier lifestyle choices, extended learning beyond the classroom, and helped develop students as responsible messengers within the community.



Indo-US Public School

Kishanbagh

Date: December 2025.

Title: Pre-Primary Sports Day

The Pre-Primary Sports Day (2024-2025) was organised for pre-primary students as part of the annual sports programme, featuring running races, age-appropriate games, and fun physical activities. The event witnessed high enthusiasm and active participation, fostering teamwork, confidence, and a joyful learning environment. It encouraged physical fitness, supported holistic development, and promoted happy, experiential learning among young learners.



Date: 27 December 2025

Title: Health Awareness Camp

Challenger STEM School organised a Health Awareness Camp (CSS) on 27th December for girl students and their mothers, led by Dr Zainab, a women's health specialist. The session focused on personal hygiene, healthy habits, and overall well-being, covering aspects such as daily self-care, nutrition, hydration, and basic monthly health awareness in an age-appropriate manner. Its interactive approach encouraged open discussion, helping participants gain confidence and clarity, while promoting both physical and emotional well-being.



Indo-US Hospital

Malakpet

Date: 22 December 2025

Title: Removal of Big Ovarian Cyst

A patient, Meher Unnisa, presented with severe abdominal pain persisting for several months. After prior medical management elsewhere, the underlying condition was accurately diagnosed at our hospital, and an elective

surgery was performed to remove multiple large ovarian cysts. The procedure was successful, resulting in relief from symptoms and a positive outcome for the patient. One beneficiary received care through this intervention.

Challenger Home

Moinabad

Date: 16 December 2025

Title: Inspection of Challenger Home

In December 2025, on 16 December, an inspection of Challenger Home was conducted by government authorities, who appreciated the institution for maintaining a clean and well-organised environment.

The visit reinforced the importance of maintaining high standards in food safety, health and hygiene, sanitation, and fire safety, contributing to improved overall practices.

Community Outreach

Hyderabad

Widow Support

Date: 22 December 2025

Title: Removal of Big Ovarian Cyst

In the month of December 2026, Sahayata Trust conducted an aid drive across multiple locations to support more than 100 economically vulnerable individuals, particularly widows. Essential ration kits containing basic food supplies were

distributed to ensure beneficiaries had access to adequate nutrition. This initiative helped address food insecurity and provided much-needed relief to underprivileged households, contributing to their daily sustenance and well-being.



CALL FOR DONATIONS

We invite you to support Sahayata Trust in its mission to uplift and empower communities in need. Your generous contribution can help create meaningful change through education, healthcare, and social welfare initiatives.

To make a donation and support this cause,
please visit:
<http://www.sahayatatrust.org/donate.php>

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